DOW UNIVERSITY OF HEALTH SCIENCES NEWSLETTER - PRESENTED BY DEPARTMENT OF MARKETING, COMMUNICATION, AND ALUMNI

DOWMINATE

VOLUME - 1 | ISSUE -1 | JANUARY 2024 TO JUNE 2024



TO HEAL, TO TEACH, TO DISCOVER

Dow Medical College, founded in 1945, is named after Sir Hugh Dow, a British civil servant and former Governor of Sindh. In 2003, the college became part of the newly established Dow University of Health Sciences. Today, it is considered one of the top healthcare university in Pakistan.

Dow University of Health Sciences
To Heal To Teach To Discover

EDITORIAL



A MESSAGE FROM THE VICE CHANCELLOR

Dow University of Health Sciences, remains fully committed to providing excellence in education, research, and healthcare. It has been successful in adapting to the changing global scenarios by prioritizing the well-being of its students, faculty, and staff.

Our esteemed faculty members have been working tirelessly to deliver quality education. The students have responded with dedication and determination in embracing these new learning modalities.

Research remains a cornerstone of our university's identity, and our researchers are making significant strides in advancing medical knowledge and practices. In the realm of healthcare, our professionals and frontline workers continue to show courage and commitment.

Prof. Mohammed Saeed Quraishy T.I
Meritorious Professor of Surgery & Vice Chancellor,
Dow University of Health Sciences

Words From The Editor



Dear DUHS Community, It is with great pleasure that I extend warm greetings to each of you. As the editor of our esteemed newsletter, I am excited to share stories of our collective achievements, endeavors, and innovations. Together, let us continue to illuminate the path of knowledge and progress at Dow University. Your contributions make our community thrive.

Dr. Izhar Hussain
Director
Institute of Business and Health Management

EDITORIAL BOARD

PATRON IN CHIEF
Prof. Mohammed Saeed Quraishy T.I
Vice Chancellor - Dow University of Health Sciences

EDITOR
Dr. Izhar Hussain
Director - Institute of Business and Health Management

ASSOCIATE EDITOR
Syed Tariq Shahid
Director - Alumni, Marketing & Communication

CREATIVE TEAM

Furqan Aqil
Creative Designer - Alumni, Marketing & Communication

Mariya Farooq
Content Writer - Alumni, Marketing & Communication

Muhammad Sufiyan
Graphic Designer - Alumni, Marketing & Communication

CONTRIBUTORS

Umair Zafar
Manager - Alumni, Marketing & Communication

Hussain Mirza
Assistant Manager - Alumni, Marketing & Communication

Ahad Wasiq Sheikh
Assistant Manager - Alumni, Marketing & Communication

Muhammad Wasif
Assistant Manager - Alumni, Marketing & Communication

Focal person of the concerned departments
For inclusion in the DUHS newsletter,
please submit your story to marketing@duhs.edu.pk

THE LAUNCH OF DOWRAB

A REVOLUTIONARY STEP IN RABIES PREVENTION

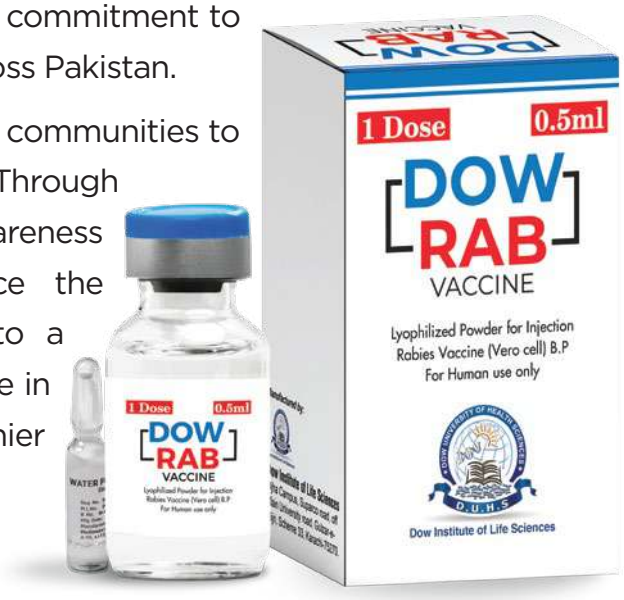
Rabies, a deadly yet preventable viral disease, has long plagued communities across Pakistan. With its devastating impact on both humans and animals, the fight against rabies demands innovative solutions and commitment. Recognizing this need, Dow University of Health Sciences (DUHS) proudly introduces DOWRAB – a rabies vaccine poised to revolutionize public health.

The unveiling ceremony of DOWRAB marked an important moment in the battle against rabies. In the presence of the Honorable Vice Chancellor, Prof. Dr. Mohammed Saeed Quraishy T.I, and Dr. Kaiser Waheed, CEO, Medisure Pharma on March 13, 2024, the event signaled a new chapter in rabies prevention and control. Attended by esteemed partner Muller and Phipps (M&P), along with DUHS leadership and marketing teams, the occasion underscored a shared dedication to safeguarding public health.



In Pakistan, rabies remains a significant health threat, with countless lives at risk. Tragically, the majority of rabies cases result from dog bites, highlighting the urgent need for effective vaccination programs. DOWRAB's launch represents a significant stride towards combating rabies nationwide. By expanding access to high-quality vaccines, DUHS reaffirms its commitment to eradicating rabies and protecting communities across Pakistan.

DOWRAB not only offers hope but also empowers communities to take proactive measures against rabies. Through widespread vaccination efforts and public awareness campaigns, DUHS aims to significantly reduce the incidence of rabies cases, bringing us closer to a rabies-free future for Pakistan. Together, let us unite in the fight against rabies and embrace a healthier tomorrow.



EXPANDING HEALTHCARE ACCESS 3

INTRODUCING DENTAL SPECIALIZED EXECUTIVE CLINICS



The launch of Dental Specialized Executive Clinics at Dr. Ishrat Ul Ebad Khan Institute of Oral Health Sciences, Dow University of Health Sciences. Get quick service, shorter wait times, and expert care from specialists.

DOW UNIVERSITY HOSPITAL INAUGURATES EMERGENCY HEAT STROKE UNIT AND RENOVATION OF PAEDS BAY



The Dow University Hospital (DUH) Trauma Center recently inaugurated its Emergency Heat Stroke Unit in a ceremony graced by esteemed guests. The Emergency Heat Stroke Unit is now operational and ready to serve patients. Professor Dr. Jahan Ara Hassan, Pro-VC & Medical Superintendent (DUHS), also visited the Pediatric Bay of the Emergency Medicine Department. This area has been decorated to provide a welcoming and entertaining environment for sick children.

DDRRL OPENS NEW COLLECTION CENTER IN NAUSHAHRO FEROZE

Announcing the opening of our new collection center in Naushahro Feroze city. Led by Director DDRRL Mr. Saleem Chauhan and Additional Director Finance Mr. Hamid Ali Shah, this initiative reflects our commitment to reaching communities in Sindh and Balochistan. Our aim is simple: to make healthcare more accessible. Come visit us in Naushahro Feroze and experience top-notch care.



DUHS SHINING STARS
ALUMNI ACHIEVEMENTS
4



DR. MAHNOOR HAFEEZ

Senior Instructor and Consultant Radiologist
College of Physicians & Surgeons - Dow University of Health Sciences
MBBS, FCPS, EDiR - Dow Institute of Radiology

Dr. Mahnoor Hafeez, a Dow graduate and radiology specialist, overcame physical challenges to excel in medicine. Board-certified and with over 25 research publications, she inspires others with her dedication to CT, MRI, X-ray, and Ultrasound procedures. Dr. Hafeez exemplifies resilience, urging all to pursue their goals in education and employment.

She wants to spread the message of positivity to all differently-abled people of the World: Don't let barriers stand in your way to becoming educated and employed. Dow University is proud of her achievements and remains committed to empowering passionate individuals like her to reach their full potential.

DR. MEHA FATIMA AFTAB

Massachusetts Institute of Technology
PGD - Mind Sciences, PhD - Molecular Medicine
BSMT, Surgical Technology - Dow Institute of Medical Technology

Dr. Meha Fatima Aftab (Dow Institute of Medical Technology, 2008-2012) showcase student success. Recognizing the under-appreciated field of Medical Technology, Dr. Aftab joined the faculty in 2018 to guide students and foster research.

Her dedication is evident. A team of her final-year students – Ms. Ayesha Asad, Ms. Arham Ashraf, and Ms. Jumaja Ali – presented their startup, Acusurgicals, at the prestigious SOLVED challenge initiated by MIT, USA. Their project was shortlisted among the top 20 from a global pool of 831 entries. Dow University is proud of Dr. Aftab's efforts and her students' remarkable achievements.



DUHS SHINING STARS
CELEBRATING EXCELLENCE

5

HEALTHCARE EXCELLENCE AWARD 2024

We are proud to announce that Dow University of Health Sciences won the prestigious Healthcare Excellence Award 2024 by the Pakistan Association of Private Medical and Dental Institutions - PAMI. The award recognizes our dedication to providing the highest quality of care to our patients.





PRESIDENTIAL AWARD OF SERVICE EXCELLENCE

Dr. Uzma Ata, Project Head at Regional Blood Center, Dow University of Health Sciences, received the esteemed 'Presidential Award of Service Excellence' from President Arif Alvi on February 22nd, 2024, at the Punjab Governor House.

She was recognized for her exceptional contributions to blood transfusion medicine. Among 14 other doctors honored nationwide, Dr. Ata's dedication to providing vital blood components and treatments for patients with diverse blood disorders stood out.

DUHS SHINING STARS
RESEARCH PUBLICATIONS
6

DR. HUMERA WAHEED



We proudly congratulate Dr. Humera Waheed, Vice Principal and Assistant Professor at Dow College of Biotechnology, on her notable achievement.

Her research titled "Assessment of Salivary MMP-8 and IL-1β for the Diagnosis of Periodontal Diseases in Pakistani Population" has been successfully published in the esteemed "European Journal of Dentistry."

DR. NOREEN ADNAN AND DR. SYEDA RUBAB AZIM.





Dow Institute of Health Professions Education, DUHS is proud to celebrate the recent achievement of Dr. Noreen Adnan and Dr. Syeda Rubaba Azim.

Their research, titled "Exploring perceptions of pre-clerkship students about workplace learning in the clinical learning environment at Gulf Medical University, UAE," has been published in the prestigious international journal, BMC Medical Education.

"NOTHING GREAT EVER ACHIEVED WITHOUT ENTHUSIASM."

Ralph Waldo Emerson

WORKSHOPS & CONFERENCES

FIRST SURGICAL CANCER CARE CONFERENCE

The First Surgical Cancer Care Conference at Dow University of Health Sciences, from January 18th to 22nd, 2024, was a success. Experts from national and international groups gathered to talk about new ways to treat cancer and the challenges involved.



Prof. Mohammed Saeed Quraishy T.I and Prof. Sajida Qureshi led the event, with Prof. S. M. Tariq Rafi as the Chief Guest. Attendees learned about advanced skills like laparoscopy and robotic surgery through workshops and demos.



NAVIGATING RESIDENCY TRAINING IN THE UNITED STATES WITH DR. SAMIA FAIZ, MD FACP

Dr. Samia Faiz, MD FACP, President of Dow Graduate Association of North America (DOGANA) and esteemed alumnus of Dow University of Health Sciences, conducted a session on "Navigating Residency Training in the United States." Dr. Samia Faiz emphasized the significance of the United States Medical Licensing Examination (USMLE) and engaged in an insightful Q&A session, offering invaluable guidance to those pursuing US residency.







WORKSHOPS & CONFERENCES

1ST INTERNATIONAL LIVE LASER SURGERY WORKSHOP

Pakistan's first-ever international live laser proctology workshop was successfully conducted on Tuesday, May 7th, 2024, at the Dow University Hospital (DUH), DUHS Ojha Campus in Karachi.



Renowned expert from Germany, Prof. Dr. Peter C. Ambe has led the workshop, along with the faculty of general surgery Prof. Naveed Ali Khan and Dr. Munira Abdul Aziz.



This international workshop provided a valuable platform for Pakistani surgeons to gain insights and practical experience with the latest advancements in laser surgery for proctological conditions.



YOUM-E-TAHAFFUZ NAMOOS-E-RISALAT (PBUH) AWARENESS SESSION FOR THE PREVENTION OF BLASPHEMOUS ACTIVITIES ON SOCIAL MEDIA

An online awareness seminar titled "Youm-e-Tahaffuz Namoos-e-Risalat (PBUH)" aimed at preventing blasphemous material and activities on social media was held on March 15, 2024.

Notable speakers included the Honorable Chairman of HEC, Advocate Rao Abdur Raheem from the Legal Commission on Blasphemy in Pakistan, and Prof. Dr. Zia ul Haque, Director General of the Islamic Research Institute at the International Islamic University Islamabad (IIUI).

The event witnessed attendance from principals, deans, directors, senior faculty members, and students of DMC & DUHS.





EVENTS & ACTIVITIES







THE ALUMNI DINNER

The Dow University of Health Sciences Alumni Dinner organized by the Department of Alumni, Marketing & Communication brought old batchmates together for a wonderful evening filled with laughter, memories, and fellowship. The event took place on 17 February 2024, Saturday at Dow Medical College.





EID MILAN GATHERING 2024

The Eid Milan Gathering held at Dow University of Health Sciences, Ojha Campus in 2024 was a delightful occasion attended by all employees. It provided a wonderful opportunity for colleagues to come together and celebrate.



EVENTS & ACTIVITIES

HULTPRIZE ON-CAMPUS PROGRAM:

The Office of Research and Commercialization (ORIC) at Dow University organized the HultPrize On-Campus program on February 24th, 2024, inaugurated by Pro-Vice Chancellor Dr. Nazli Hossein and ORIC Director Professor Kashif Shafique. Over 100 projects were submitted, showcasing innovative ideas aligned with UN Sustainable Development Goals.







CELEBRATING STUDENT TALENT: HISTORY AND CREATIVE ARTS EXHIBITION

The Dow College of Biotechnology (DCOB) hosted a vibrant "History and Creative Arts" and "Capstone Research Project" Exhibition, spotlighting student brilliance.





Through captivating 3D models and research posters, students showcased the evolution and future of biotechnology.

EVENTS & ACTIVITIES

WHO DELEGATION VISITS OICD FOR POTENTIAL TB RESEARCH COLLABORATION

On June 3rd, 2024, a World Health Organization (WHO) delegation led by Dr. Martin Van Den Boom and Dr. Christian Gunneberg visited the Ojha Institute of Chest Diseases (OICD), Dow University of Health Sciences, to assess its potential as Pakistan's first WHO Collaborating Center for TB Research.



Despite the scorching heat, they toured the TB Integrated Site and TB ICU, praising OICD's dedication. This visit marks a significant step toward OICD's collaboration with WHO. Key officials from Communicable Diseases Control Sindh were also present.





REVIEW OF INSTITUTIONAL PERFORMANCE AND ENHANCEMENT AT DUHS

From June 4th to 6th, 2024, Dow University of Health Sciences (DUHS) hosted the Review of Institutional Performance and Enhancement (RIPE) under HEC's revised Quality Assurance Framework, PSG-2023.





Expert evaluators, both internal and external, thoroughly assessed DUHS's academic and administrative processes, facilities, and resources.

This significant event, facilitated by DUHS's Quality Enhancement Cell, underscores our commitment to maintaining the highest standards in higher education.

COLLABORATIONS & PARTNERSHIPS 12

DOW UNIVERSITY OF HEALTH SCIENCES AND MULLER & PHIPPS PAKISTAN (PVT) LIMITED PARTNER TO COMBAT RABIES

Dow University of Health Sciences is proud to announce the signing of a Letter of Interest (LOI) with Muller & Phipps Pakistan (Pvt) Limited (M&P) for the launch of a Rabies Vaccine in Pakistan. This event took place In the presence of the Honorable Vice Chancellor, Prof. Dr. Mohammed Saeed Quraishy T.I, and Dr. Kaiser Waheed, CEO, Medisure Pharma



DOW UNIVERSITY OF HEALTH SCIENCES PARTNERS WITH IHSAAS TRUST TO EMPOWER YOUTH



Dow University of Health Sciences is proud to announce a partnership with Ihsaas Trust aimed at empowering marginalized youth and unemployed graduates. Through the signing of a Memorandum of Understanding (MoU), DUHS and Ihsaas Trust have joined forces to provide microfinance loans and a three-month training program as Medical Sales Representatives.

DOW UNIVERSITY OF HEALTH SCIENCES PARTNERS WITH CAREEM FOR STRATEGIC COLLABORATION

The Department of Alumni Marketing, & Communications at Dow University of Health Sciences is excited to announce a strategic partnership with Careem through a Memorandum of Understanding (MoU). This collaboration aims to maximize mutual benefits through marketing, social media activity, co-branding, and other business initiatives.



COLLABORATIONS & PARTNERSHIPS

DOW UNIVERSITY OF HEALTH SCIENCES (DUHS) AND THE PROVINCIAL TOBACCO CONTROL CELL SINDH (PTCC) PARTNERS TO COMBAT TOBACCO USE



Dow University of Health Sciences (DUHS) and the Provincial Tobacco Control Cell Sindh (PTCC) signed a Letter of Intent (LOI) on May 29, 2024, to curb tobacco use in the province. The partnership will focus on awareness campaigns targeting young people. Prof. Dr. Jahan Ara Hassan, Pro-VC & Medical Superintendent, DUHS Ojha Campus emphasized the health risks of smoking and proposed a future rehabilitation center at Ojha Institute of Chest Diseases. This initiative marks a crucial step toward a tobacco-free future.



DOW UNIVERSITY OF HEALTH SCIENCES AND SINDH FOREST DEPARTMENT SIGN MOU FOR URBAN FORESTRY PROJECT

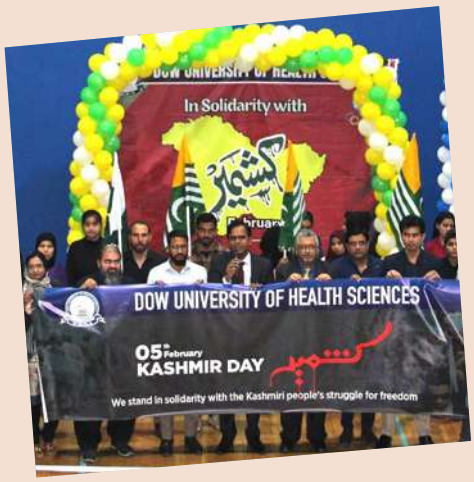
On May 30, 2024, Green Youth Movement (GYM), Dow University of Health Sciences (DUHS) and the Sindh Forest Department signed a Memorandum of Understanding (MoU) to collaborate on an urban forestry project. DUHS's higher management attended the ceremony. After signing, participants visited the plantation site. The project aims to plant 40,000 trees, enhancing environmental health and the surrounding areas. This partnership is a commendable initiative, promising a lasting positive impact on the city's environment and residents' well-being.





CELEBRATING IMPORTANT DATES 14

KASHMIR DAY



In solidarity with Kashmir, Dow University of Health Sciences commemorated a day dedicated to our Kashmiri brothers and sisters, advocating for peace, justice, and their rights.

WORLD TUBERCULOSIS DAY



The Ojha Institute of Chest Diseases (OICD) at Dow University of Health Sciences (DUHS) celebrated World Tuberculosis Day 2024 with esteemed guests and healthcare experts. The day commenced with a tuberculosis awareness walk. An employee appreciation ceremony honored staff members and Committee Members for their exceptional dedication to TB care.

WORLD CANCER DAY



Dow University Hospital celebrated World Cancer Day with an awareness walk, highlighting the importance of early detection in managing cancer and saving lives.

WORLD ORAL HEALTH DAY



Dow University of Health Sciences celebrated World Oral Health Day. Students showcased their creativity through themed Reels, with winning teams receiving cash awards from Vice Chancellor Prof. Dr. Mohammed Saeed Quraishy T.I.

CELEBRATING IMPORTANT DATES 15



WORLD BRAIN TUMOR DAY

The Dow Gamma Knife Radiosurgery Center at Dow University of Health Sciences marked a significant achievement today - over 1700 successful cases. To commemorate this milestone and World Brain Tumor Day, a cake-cutting ceremony was held at the center.

WORLD EMERGENCY DAY



On May 27th, 2024, the Emergency Medicine Department at Dow University Hospital celebrated World Emergency Day, led by Dr. Ayesha Abbasi and Dr. Mumtaz Ali Baloch. The event honored the dedication of the entire emergency team, with gratitude expressed to Pro Vice Chancellor Prof. Dr. Jahan Ara Hassan for her support.





INTERNATIONAL NURSES DAY

On International Nurses Day 2024, the Nursing Services of Dow University of Health Sciences hosted a celebration for the incredible nursing staff. During the event, the team proudly presented data showcasing progress made in reducing pressure ulcers and CAUTI rates.



INTERNATIONAL WOMEN'S DAY

Dow University of Health Sciences celebrated Women's Day, honoring women's strength and achievements in mental and physical health. An interactive Q&A session allowed direct engagement with speakers, discussing contemporary health issues.

In a thrilling Modern Premier League match, DUHS beat Medicare Hospital by 10 wickets. Despite a tough target of 64 runs in 6 overs, DUHS chased it down in just 3.3 overs. Special applause to Faisal, the star player, who scored 52 runs in only 15 balls. It was an exciting win for DUHS, showing their cricket skills.



THRILLING MPL MATCH

The Dow Premier League (DPL) Season 3 wrapped up with exciting matches and outstanding performances. The season began on May 8th, 2024, led by Pro Vice Chancellor Dr. Jahan Ara Hassan. Congratulations to the winners and all teams for a spectacular display of cricket.



DPL SEASON 3



KARACHI KA SAFARNAMA TOUR

On May 22nd, 2024, the Dow Students' Global Scholar Community's Cultural Exchange Society, in collaboration with the Directorate of Global Engagement at DUHS and Dr. Sajida Qureshi, held the inaugural "Karachi ka Safarnama" tour. Students visited Mohatta Palace, Saint Patrick's Cathedral, TDF Ghar, and Empress Market, learning about their historical and cultural significance.



IBHM DRAMA SOCIETY TRIUMPHS AT ARTS COUNCIL KARACHI

The Dramatics & Entertainment Society of the IBHM, DUHS, celebrated a major win at the Arts Council Karachi's drama competition on October 22nd, 2023. Competing against 10 universities, the team won Best Female Actress (Zoha Syed) and Best Male Supporting Actor (Saifullah Minhas).

Attention Doctors & Pharmacists

Dow University Of Health Sciences

is pleased to inform that the human rabies vaccine is

Now Available

in Pakistan at all leading pharmacies and hospitals



Rabies Vaccine Call Center No.:
021-111-000-667

Adverse Events related to the product must be reported,
via email at drug.safety@duhs.edu.pk

Full prescribing information is available on request

DOWRAB is produced under the license of Dow Institute of Life Sciences (DILs), which is a constituent of Dow University Of Health Sciences.