DOW UNIVERSITY OF HEALTH SCIENCES

DUHS

ANNUAL SUSTAINABILITY REPORT

2024-25

SUSTAINABLE DEVELOPMENT GOAL

5 GENDER EQUALITY

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ABSTRACT

Dow University of Health Sciences (DUHS) remained committed to advancing SDG 5: Gender Equality during 2024–2025 through initiatives promoting women's empowerment, equal opportunities, education, healthcare awareness, sports participation, innovation, and social inclusion. Key activities included the E-Doctors Trainee 2.0 programme, providing female doctors with a pathway to re-enter clinical practice through digital healthcare; a webinar on Women's Empowerment; the Breast Cancer Symposium; mental health awareness sessions; and opportunities for female students to participate and excel in sports, academic competitions, entrepreneurship, and leadership activities. Through these diverse initiatives, DUHS continues to foster an inclusive and equitable environment that empowers women, supports their personal and professional development, and promotes their meaningful participation in society.

DUHS SPORTS TEAM SHINES

The teams from Dow University of Health Sciences (DUHS) made an impact at the Aga Khan University (AKU) gymnasium, excelling in badminton, table tennis, and volleyball.

Their outstanding performance set them apart from the competition.

Date: 9 September 2024



BEST SCIENTIFIC POSTER AT TRAUMACON 2024

We are proud to announce that an abstract presented by students of Dow Medical College (DMC), was awarded Best Scientific Poster at TraumaCon 2024, hosted by SMBBIT. The poster was presented by Naima Khan.

The research team comprises fourth-year medical students from Dow Medical College, including Naima Khan, Madiha Salman, Arash Hussain, and Syed Asim Rehman.

Pak TraumaCon 2024 took place from September 19th to 22nd, 2024, at the Pearl Continental Hotel in Karachi.



INTRA-DUHS INDOOR GAMES CHAMPIONSHIP 2024

Day 1 of the Intra-DUHS Indoor Games Championship kicked off on October 28, 2024, with over 100 students from various DUHS institutes competing fiercely in chess and table tennis. The strong turnout for chess showcased DUHS's commitment to fostering strategic thinking, while the table tennis matches highlighted the players' patience and perseverance—qualities vital for mental wellness.





WORLD CHILDREN'S DAY CELEBRATION

World Children's Day was celebrated with enthusiasm and purpose at Pediatric Unit III, Civil Hospital Karachi, on November 21, 2024. The event was themed "Listen - to the Future" and aimed to emphasize the importance of prioritizing children's voices and well-being.

Prof. Waseem Jamalvi highlighted the significance of World Children's Day, focusing on the need to listen to children's perspectives to create a better future.



HULT PRIZE AWARENESS

A second Hult Prize Awareness Tabling Session was held on November 27th, 2024, from 10:00 AM to 01:00 PM outside the Pharmacy Cafeteria. Strong participation was seen, with students expressing interest in the Hult Prize and sharing their innovative ideas with the team.

The session provided another opportunity for students to register, learn more about the competition, and receive guidance on how to kickstart their entrepreneurial ideas.





DDC GIRLS ACHIEVEMENT

We are thrilled to announce that the girls of Dow Dental College have emerged as the Runners-up of DPL 4 on April 7 2025.

Their dedication, perseverance, and remarkable sportsmanship have brought immense honor to the institution. Not only did they showcase exceptional talent on the field, but they also carried themselves with grace and charm throughout the tournament.



COACH ME CONFIDENT

The Cultural Exchange Society of Dow Students' Global Scholars Community, in collaboration with the Directorate of Global Engagement, DUHS, and Inspiring Women, successfully conducted a transformative workshop on June 17, 2025 titled "Coach Me Confident."

Led by expert facilitators Hafiza Bibi Jaweria and Alishba Urooj, the session focused on enhancing students' CV/resume writing and interviewing skills. Participants received practical mentoring on how to professionally present themselves and navigate competitive academic and career landscapes with confidence.





SPORTS CERTIFICATE DISTRIBUTION CEREMONY

A Sports Certificate Distribution Ceremony was held at Dow International Medical College (DIMC) on 19th May 2025 to acknowledge and appreciate the dedication and performance of students in the Dow Premier League – Cricket Tournament 2025.

During the ceremony, certificates of appreciation were awarded to both boys' and girls' teams for their enthusiastic participation and commendable performances. The recognition marked a proud milestone in their academic and extracurricular journey.






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