DOW UNIVERSITY OF HEALTH SCIENCES

DUHS

ANNUAL SUSTAINABILITY REPORT

2025-26

SUSTAINABLE DEVELOPMENT GOAL

4 QUALITY EDUCATION

Prepared by
The Department of Alumni, Marketing and Communication

ABSTRACT

Dow University of Health Sciences (DUHS) continues to promote academic excellence, professional development, research, innovation, and student engagement through a wide range of educational initiatives. These activities provide students, faculty members, and healthcare professionals with opportunities to enhance their knowledge, skills, research capacity, and professional competencies. Workshops, training programmes, academic sessions, conferences, and collaborative initiatives contribute to strengthening teaching and learning practices while preparing individuals to meet evolving professional challenges. Through its continued commitment to quality education and capacity building, DUHS actively supports **Sustainable Development Goal 4: Quality Education**, promoting inclusive and lifelong learning opportunities for all.

INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

Dr. A. Q. Khan Center – Institute of Behavioral Sciences (IBS) successfully organized an event to commemorate the International Day Against Drug Abuse and Illicit Trafficking on June 30, 2025, at Dow International Medical College, Ojha Campus.

The event featured guest lectures by Professor Dr. Washdev Amar Lal and Professor Dr. Salman Shehzad, which focused on the early signs and symptoms of substance use and the importance of early intervention. In addition, over 50 psychological screenings were conducted by BS Psychology students, along with various interactive activities aimed at raising awareness and engaging the community.





AI TOOLS FOR MEDICAL RESEARCH & PUBLICATION

Dow Skills Development Centre (DSDC), in collaboration with the Office of Research, Innovation & Commercialization (ORIC), successfully conducted the 1-Day Workshop on “AI Tools for Medical Research & Publication” today at Dow University of Health Sciences.

This initiative reflects Dow University’s progressive approach toward adopting AI technologies to enhance the quality, accuracy, and efficiency of medical research.





CONGRATULATIONS TO OUR RADIOLOGY STARS

We proudly celebrate the success of our 4 exceptional Radiology residents at DUHS for passing the FCPS-II Exam 2025.

-Dr. Shireen Sikandar

-Dr. Sara Kazmi

-Dr. Anmol Fariha

-Dr. Ammara Afaq

Your hard work and dedication reflect the strength of our training program and the visionary leadership of our Radiology Department.

Wishing you continued success in your professional journey.



EDUCATIONAL VISIT OF MSN STUDENTS

On Monday, July 14, 2025, students from the Master of Science in Nursing (MSN) program at Peoples Nursing School, Liaquat University of Medical & Health Sciences (LUMHS), Jamshoro, visited the Dow Institute of Nursing & Midwifery (DION&M), Dow University of Health Sciences (DUHS).

The visiting students actively participated in the session and asked insightful questions in line with the objectives of their visit. The visit concluded with a guided tour of the institute.

Such educational visits play a vital role in fostering academic collaboration and strengthening inter-institutional ties.





THE CRITICAL ROLE OF PHARMACIST IN QUALITY MANAGEMENT

On Thursday, July 10, 2025, the Department of Pharmaceutics, Dow College of Pharmacy, DUHS, proudly organized an intellectually stimulating and industry-relevant session titled “The Critical Role of Pharmacists in Quality Management.” The event was specifically designed for PharmD fourth-year students, with the aim of strengthening their understanding of pharmaceutical quality systems in real-world settings.

The guest speaker, Dr. Abeer Khan, Quality Assurance Manager at Novo Nordisk Pakistan, is an accomplished professional with over eight years of experience in the pharmaceutical industry. A distinguished alumna of DUHS, Dr. Abeer is also a certified ISO QMS Lead Auditor. Her talk offered valuable insights into essential domains such as quality assurance frameworks, GxP compliance, production oversight, and the importance of collaborative leadership in regulated environments.





CME SESSION ON REVISION MASTOIDECTOMY

On Tuesday, July 29, 2025, the Department of Otorhinolaryngology-Head and Neck Surgery Unit-I at Dr. Ruth KM Pfau CHK-DOW Medical College-DUHS successfully hosted a Continuing Medical Education (CME) session on "Revision Mastoidectomy."

A highlight was the guest lecture by Dr. Ahmed Nawaz, HOD of ENT-Head and Neck Surgery at Liaquat National Hospital, who presented on "Endoscopic Ear Anatomy and Middle Ear Ventilation Pathway." Dr. Nawaz also performed a live endoscopic revision mastoidectomy, emphasizing its benefits: enhanced visualization of critical structures like the sinus tympani and Eustachian tube.

The program was meticulously directed by Prof. Dr. Zeba Ahmed, HOD of ENT-Head and Neck Surgery Unit-I at Dr. Ruth KM Pfau CHK-DOW Medical College, DUHS.





MARKA-E-HAQ AZM-E-AALISHAN 3.0

The DUHS Literary & Debating Society successfully held Marka-e-Haq Azm-e-Aalishan 3.0 — All Karachi Quiz Competition on August 7th, 2025, at Dow College of Pharmacy, Dow University of Health Sciences, Ojha Campus. The event was part of the celebrations commemorating the 78th Independence Day of Pakistan and to honor Operation Bunyan-um-Marsoos.

Over 20 teams from across Karachi participated in the quiz competition, showcasing their exceptional quizzing skills in a tough and nail-biting contest.

All the winners were awarded shields, the winning team lifted the team trophy, and all participants were presented with certificates of appreciation by the honourable chief guest and our esteemed judges.





PATRIOTIC BEATS 3.0 — AN INTRA-DUHS SINGING & SKIT COMPETITION

The DUHS Literary & Debating Society proudly hosted Bunyan-ul-Marsoos Patriotic Beats 3.0 — an intra-DUHS Singing & Skit Competition — on 12th August 2025 at Muin Hall, Dow Medical College, to commemorate Pakistan's 78th Independence Day.

From soulful melodies to witty performances, every act reflected passion, creativity, and national pride. The presence of distinguished guests and expert judges elevated the spirit of the competition, making it a truly memorable celebration of talent, culture, and unity.





UNITY IN COLOR, CULTURE, AND CELEBRATION

The Cultural Exchange Society of the Dow Global Scholars Community, in collaboration with the Directorate of Global Engagement, celebrated the vibrant cultures of Pakistan through the Independence Day Fest 2025 at the SPGS Courtyard, DMC.

The fest featured traditional attire, food stalls, live painting, and engaging activities, with most stalls proudly showcasing student-led businesses, creating a true blend of celebration and entrepreneurship.





CAREER AWARENESS AND ORAL HEALTH PROMOTION SESSION

On 17th September 2025, the Department of Community Dentistry, Dow Dental College, organized a Career Awareness and Oral Health Promotion Session at the Government Boys Secondary School, Kotwal Building Campus.

Through interactive discussions, students explored the educational journey and professional scope of dentistry.

An oral health awareness component was also included, addressing common issues such as dental caries and gum disease, while emphasizing preventive practices like proper brushing, flossing, and regular dental visits.



CERVICAL CANCER AWARENESS & HPV VACCINATION IN PAKISTAN

Dow University of Health Sciences (DUHS), in collaboration with the Society of Obstetricians & Gynecologists of Pakistan (SOGP), successfully organized a symposium on Cervical Cancer Awareness and the Introduction of HPV Vaccination in Pakistan on Thursday, 11th September 2025.

The panel discussion featured experts from WHO, UNICEF, Govt. of Sindh, Jhpiego, and PPHI, who emphasized the importance of collaboration among healthcare institutions, government, and international partners for a successful HPV vaccination rollout in Pakistan.





AI AND ACADEMIA

Dr. Azeem Hussain Soomro (Assistant Professor, Department of Oral Pathology) delivered a thought-provoking discussion on AI and Academia, while Dr. Muhammad Taqi (Associate Professor, Department of Community Dentistry) shared valuable strategies on grant writing, and Dr. Seyd Jaffar Abbas Zaidi (Assistant Professor, Department of Oral Biology,) provided practical insights into IRB submission, proposal writing do's & don'ts, and ethical AI use during the academic workshop held on 18th September 2025 at PDC Main Hall, 4th Floor, DMC, DUHS.



INTENSIVE ENGLISH CONVERSATION PROGRAM

The 5-day Intensive English Conversation Program for DUHS employees concluded on 19 September 2025 at DUHS Ojha Campus with a successful closing ceremony.

The session featured the distribution of certificates by the Dow Skills Development Centre (DSDC) and the presentation of souvenirs to participants by Mr. Don Heath and his team. In recognition of their valuable contribution, a special token of appreciation, crafted at the Textile Learning Factory, DUHS was presented to Mr. Heath by Prof. Dr. Kashif Shafique, Director ORIC.





HABIB GIRLS' SCHOOL VISIT

Dow Medical College, DUHS welcomed the bright students of Habib Girls' School for an engaging campus visit and career exposure program. The tour of our facilities, interactive sessions with faculty and alumni, and insights into healthcare and research highlighted DUHS's commitment to shaping future leaders.





INTEGRATION OF AI IN MCQ GENERATION

A workshop on “Integration of AI in MCQ Generation” was successfully conducted on 25 September 2025, marking a significant step forward in modernizing assessment practices within the institution.

The workshop introduced participants to emerging AI tools and their application in developing high-quality, evidence-based MCQs, with emphasis on enhancing reliability, validity, and innovation in assessment. The active engagement and enthusiasm of the participants demonstrated a shared commitment to adopting technology-driven educational strategies.





ACADEMIC SESSION ON JAK INHIBITORS AT DIMC

Dr. Sadaf Ahmed Asim, Head of the Department of Dermatology, DIMC, successfully organized an engaging academic session on “JAK Inhibitors: Unlocking Their Potential in Dermatological Therapy” on 30th September 2025. She served as the main program director, alongside Dr. Madiha (AP) and her dedicated team.



SPACE WEEK 2025

On the commencement of Space Week 2025, on October 4, 2025, the Space and Upper Atmosphere Research Commission (SUPARCO) handed over a 2D Clinostat to the Dow Fly Research Lab and Stock Center, Dow College of Biotechnology, Dow University of Health Sciences. This device will enable the study of microgravity effects on fruit flies and associated flora and fauna, strengthening Pakistan's biological space research capabilities.

The Dow Fly Research Lab and Stock Center, DCoB, DUHS, extends its sincere gratitude to SUPARCO for the support and looks forward to future joint research ventures.



ON-CAMPUS RECRUITMENT DRIVE AT IBHM

The Institute of Business and Health Management (IBHM) at Dow University of Health Sciences successfully hosted an On-Campus Recruitment Drive under the supervision of Prof. Dr. Asima Faisal, Dean, Faculty of Management Sciences and Director of IBHM. The event aimed to foster meaningful engagement between graduating students and industry representatives.

Industry experts shared insights on market trends, employability skills, and career growth, guiding students to align academic learning with industry expectations.

A total of 169 students took part in the recruitment process. Shortlisted candidates were recommended for further evaluation by organizations.





MENTAL HEALTH CAMP

A Mental Health Camp was held at DIMC, organized by BS Psychology students. The camp focused on raising awareness about mental health, reducing stigma, and featured engaging and refreshing activities that everyone enjoyed.





TURKISH NATIONAL DAY CELEBRATIONS

In celebration of Turkish National Day, Dow International Medical College (DIMC), under the guidance of Principal Prof. Dr. Uzma Bukhari and Vice Principal Prof. Dr. Ramlah Naz, organized a four-day Turkish Food Festival at the central cafeteria. The event highlighted the rich culture, heritage, and cuisine of Türkiye, fostering unity and cross-cultural appreciation among students.

The cafeteria was transformed into a vibrant Turkish setting, beautifully adorned with national flags and filled with the inviting aroma of authentic dishes. Students enjoyed a diverse menu (attached), all prepared by skilled chefs who brought the true flavors of Türkiye to life.

Traditional Turkish music enhanced the festive atmosphere, immersing everyone in the warmth, hospitality, and charm of Turkish culture.

The festival received overwhelming appreciation from students, who commended the authenticity of the food and the engaging cultural experience.




PEPSI

AWARENESS SESSION CONDUCTED BY ANTI-NARCOTICS FORCE

An informative and impactful Awareness Session was held on 6th November 2025 at Hafeez Jalandhri Auditorium, Dow International Medical College (DIMC). The session was organized under the leadership of Prof. Uzma Bukhari, Principal DIMC, with the gracious presence and support of Prof. Ramlah Naz, Vice Principal DIMC.

The session was conducted by the Anti-Narcotics Force (ANF) as part of their ongoing efforts to educate and sensitize students and faculty about the dangers of drug abuse and the importance of maintaining a drug-free academic environment.
The event served as a strong reminder of the crucial role education plays in preventing substance abuse and nurturing responsible future healthcare professionals.





STEM TRAINING PROGRAM

A three-day Cascading Training Program was successfully conducted at Dow University of Health Sciences (DUHS), Karachi, from October 27 to 29, 2025, focusing on enhancing teaching excellence among STEM faculty. The program brought together 21 participants, including lecturers and assistant professors from the Departments of Biotechnology, Pharmacy, Medical Technology, Molecular Pathology, and Physiotherapy & Rehabilitation.

The training covered three key modules—Effective Teaching, Assessment and Evaluation, and Technology Integration in STEM—aimed at strengthening pedagogical skills, introducing project-based learning, and promoting innovative teaching practices.





IQBAL DAY CELEBRATION

Dow Institute of Nursing and Midwifery organized an inspiring Iqbal Day Celebration on 13 November 2025 at the Al-Rufaida Lecture Hall. The event was coordinated by Mr. Farman Feroz, a third-year BSN student, under the guidance of Prof. Dr. Tanseer Ahmed, Principal DIONAM.

A keynote session highlighted Allama Iqbal's life, philosophy, and lasting contributions, focusing on his message of self-realization, purposeful living, and empowerment. Students participated enthusiastically through poetry recitation, speeches on Iqbal's relevance for youth, and discussions on applying his principles of self-development, service, and leadership within the nursing profession





MOU WITH SUPARCO

Dow University of Health Sciences (DUHS) signed an MoU with SUPARCO to strengthen collaborative research and innovation. The ceremony was graced by Vice Chancellor Professor Nazli Hossain, who also inaugurated the newly installed 2D Clinostat — a cutting-edge device designed to study the effects of microgravity on Drosophila melanogaster (fruit fly).

The event was attended by Dr. Ashar Afaq (Registrar, DUHS), Prof. Dr. Mushtaq Hussain (Principal, Dow College of Biotechnology), Dr. Humera Waheed (Vice Principal, DCoB), Dr. Aliya Kashif (Deputy Chief Manager, SUPARCO), and Dr. Sheikh Abdullah (General Manager, SUPARCO).





DUHS SHINES IN INNOVATION

ShifaOne has secured 1st Position at the Sindh Youth Science & Tech Festival 2025, rising above hundreds of submissions and earning its place among the top 89 showcase projects.

Representing Dow International Medical College, DUHS, the team also received a Rs. 100,000 prize, marking another major achievement in its growing list of national and international recognitions.

Developed over one full year, ShifaOne evolved through extensive research, user testing, clinician feedback, and continuous refinement. Its first major win came at the DICE Innovation Competition (Feb 2025) where it earned 1st Prize for its Proof of Concept, validating its technical strength early in its journey.



FACULTY DEVELOPMENT WORKSHOP ON ACTIVE LEARNING STRATEGIES

The session on enhancing lesson design and delivery through active learning strategies was conducted under the program direction of Dr. Naresh Kumar, Principal. The workshop was expertly facilitated by Dr. Saqif Nasir and Dr. Amber Saeed, while Dr. Rida Fatima organized the activity for the faculty of Dow Dental College, DUHS.

The workshop strengthened faculty skills in planning and delivering effective, engaging sessions. Participants practiced two hands-on engagement tools and learned to design their own BOPPPS-based lesson plans for improved classroom delivery.





BASICS OF SPSS: AN INTRODUCTION TO STATISTICAL ANALYSIS

We are pleased to announce the successful completion of the 2-Day Hands-On Workshop on “Basics of SPSS: An Introduction to Statistical Analysis,” organized by the Dow Students’ Global Scholars Community (Research and Collaboration Society) in collaboration with the Directorate of Global Engagement.

We extend our sincere appreciation to Sir Nizamuddin Muhammad, Senior Lecturer and Biostatistician at Dow University of Health Sciences, for delivering an informative and highly engaging session. The workshop equipped participants with essential competencies in data management, statistical understanding, and foundational analytical techniques.





INTEGRATED RESPIRATORY CARE: MECHANICAL VENTILATION AND TRACHEOSTOMY MANAGEMENT

Dow Institute of Medical Technology (DIMT), Dow University of Health Sciences (DUHS), successfully conducted a one-day hands-on workshop on “Integrated Respiratory Care: Mechanical Ventilation and Tracheostomy Management” on Saturday, 29th November 2025, under the esteemed patronage of the Principal, Prof. Dr. M. Sameer Qureshi.

The session provided evidence-based, hands-on training in a highly interactive learning environment. The workshop was attended by respiratory therapists, critical care technologists, and allied health professionals, making it a truly impactful academic experience.





RESEARCH REINVENTED

The “Research Reinvented” workshop was successfully organized on November 29, 2025 by the Centre for Education and Training in Clinical Research (CETCR), Dow University of Health Sciences (DUHS) under the able leadership of Dr. Fakhsheena Anjum. The workshop received an excellent response from DUHS faculty, along with participants from various institutes and affiliated hospitals.





MENTORING PROGRAM FOR BDS STUDENTS

Dr. Ishrat ul Ebad Khan Institute of Oral Health Sciences (DIKIOHS) formally launched its Mentoring Program for undergraduate BDS students with an orientation ceremony focused on strengthening academic guidance and supportive counseling.



DIABETES THERAPEUTICS: INSIGHTS INTO ALPHA-GLUCOSIDASE INHIBITION

The Dow College of Pharmacy, DUHS, successfully organized an insightful academic session titled “Diabetes Therapeutics: Insights into Alpha-Glucosidase Inhibition” on 27th November 2025, jointly organized by Prof. Dr. Sumbul Shamim, Dean/Principal, and Dr. Shumaila Aman, Assistant Professor.

The session brought together pharmacists, researchers, and students to explore emerging therapeutic strategies in diabetes management, with a special focus on alpha-glucosidase inhibition—a key target in controlling post-prandial glucose levels



.





YOUNG ISLAMIC BANKING PROFESSIONALS PROGRAM

Islamic Banking Awareness Session

The Institute of Business and Health Management (IBHM), in collaboration with the State Bank of Pakistan (SBP), successfully organized an Islamic Banking Awareness Session under the Young Islamic Banking Professionals Program on 18th December 2025, from 10:00 AM to 1:00 PM.





PAKISTAN DENTAL ASSOCIATION (PDA) CONFERENCE

Faculty and students from Dow International Dental College (DIDC), Dow University of Health Sciences (DUHS) actively participated in the Pakistan Dental Association (PDA) Conference, held from December 25 to 28, 2025, at the Expo Centre, Lahore.

Participation in this prestigious conference provided valuable academic exposure and reinforced a strong research culture among students. Securing First Position is a commendable achievement that brings pride and honor to Dow University of Health Sciences.



WHITE COAT CEREMONY OF BATCH 20TH MBBS STUDENTS

The White Coat Ceremony of Batch 20th MBBS students, Dow International Medical College (Session 2026–27), was held on 13th January 2026, marking the beginning of a noble journey in medicine.

The ceremony was graced by Vice Chancellor DUHS Prof. Dr. Nazli Hossain, Pro Vice Chancellor Prof. Dr. Jahan Ara Hasan, Principal DIMC Prof. Dr. Uzma Bukhari, Vice Principal DIMC Dr. Ramlah Naz, along with esteemed faculty members. Best wishes to our future doctors as they embark on a path guided by knowledge, compassion, and integrity.





BANGLADESH HIGH COMMISSIONER VISITS DOW UNIVERSITY TO EXPLORE ACADEMIC COLLABORATION

A delegation led by Bangladesh High Commissioner Iqbal Hussain Khan visited the Vice Chancellor of Dow University of Health Sciences (DUHS), Prof. Dr. Nazli Hossain, at the VC Board Room to discuss avenues for academic cooperation and student exchange programmes.

Speaking on the occasion, the head of the Bangladeshi delegation appreciated Pakistan's Higher Education Commission for offering opportunities to Bangladeshi students under the Allama Iqbal Scholarship Programme. He stated that such initiatives were highly encouraging and opened new doors for students seeking quality education in Pakistan.

The delegation discussed matters of mutual interest, academic facilities, and future collaboration. They expressed keen interest in facilitating admissions for Bangladeshi students at Dow University.





DUHS HOSTS HEC

Dow University of Health Sciences (DUHS) welcomed the Higher Education Commission (HEC) delegation at Dow Medical College on Monday, 9th February 2026, for a detailed review meeting on the implementation status of key HEC policies. Prof. Dr. Saba Sohail, Principal, Dow Medical College, DUHS, Dr. Ashar Afaq, Registrar, DUHS, and Prof. Dr. Riffat Jaleel hosted the visit.

The meeting focused on the HEC policies. Members from committees were present, contributing to the discussion on policy implementation and institutional progress.

DUHS reaffirmed its commitment to ensuring full compliance with all HEC policies, strengthening governance, student welfare, campus safety, and institutional accountability.





HULT PRIZE ON-CAMPUS PROGRAM 2026 – DUHS

The Office of Research, Innovation & Commercialization (ORIC) proudly organized the 3rd Hult Prize On-Campus Program at Dow University of Health Sciences, bringing together bright minds committed to innovation and social impact.

We were honored to have our respected Vice Chancellor, Prof. Nazli Hossain, as the Chief Guest. In her inspiring address, she appreciated the students' creativity and encouraged them to continue striving for excellence and meaningful change.





3D-SCIENCE MODEL & RESEARCH POSTER EXHIBITION AT DOW COLLEGE OF BIOTECHNOLOGY

Held on 10th February 2026.

We are thrilled to share the outstanding efforts and achievements of our brilliant students who showcased their scientific creativity and research excellence in the 4th 3D-Science Model & Research Poster Exhibition.







COMMUNITY OUTREACH AND AWARENESS SESSION

A community outreach and career awareness session was successfully conducted on 12th February 2026 by the Dow Institute of Medical Technology, Dow University of Health Sciences, at N. J. V. Higher Secondary School, Karachi.

The session was organized under the supervision of Ruquia Noor, Head of the Respiratory and Critical Care Therapy Department. The activity aimed to introduce students to the field of Medical Technology, its scope in modern healthcare, and the diverse career opportunities available in allied health sciences.





FREE DENTAL CAMP

The Department of Community and Preventive Dentistry at Dow Dental College (DDC) organized a free dental camp for children aged 5–13 years at Ra'ana Liaquat School in celebration of World Oral Health Day 2026, themed "A Happy Mouth Is… A Happy Life."

Common oral health issues identified included dental caries and fluorosis, underscoring the importance of regular school-based preventive programs. This initiative emphasized early detection, oral health awareness, and the promotion of healthy habits among children.





STUDENTS ACHIEVEMENT

DUHS Literary and Debating Society is proud to announce that a team of 3 students Unzilat Rehma, Warda Mazhar and Sidra Batool represented DUHS at Karachi University Debate Championship (KUDC'26) organized by Karachi University from 21st to 23rd April, 2026. It was an All-Karachi Asian Parliamentary debate in which students from well-reputed institutes participated.

The team won the Best Team Trophy of the tournament while Sidra Batool was declared as the 3rd Best Speaker.



SESSION ON RESPONSIBLE USE OF SOCIAL MEDIA

The School of Postgraduate Studies at Dow University of Health Sciences (DUHS), Karachi, successfully organized a one-day session on “Responsible Use of Social Media Platforms” on Monday, 6th April 2026, at the Muin Auditorium, Dow Medical College, DUHS.

The session witnessed active and enthusiastic participation from a large number of undergraduate and postgraduate students, reflecting the growing importance of digital professionalism in academic and clinical environments. The event aimed to sensitize students about maintaining ethical standards, respecting professional boundaries, and building a positive digital presence in today’s interconnected world.







DUHS SHINES ONCE AGAIN

Proud moment as 146 students from Dow University of Health Sciences successfully matched in US Residency Programs, showcasing excellence on a global stage.

A heartfelt thank you to our principals, faculty, mentors, and alumni for their support and guidance.

Congratulations to all our achievers — your journey is just beginning!



WORLD NO TOBACCO DAY

Ojha Institute of Chest Diseases (OICD) successfully organized “World No Tobacco Day” 2026, May 23rd, under the meaningful theme:

“Unmasking the Appeal – Countering Nicotine & Tobacco Addiction”

The event featured an Awareness Walk from the OICD Gate, followed by an Expert Talk on Health Risks of Tobacco at the OICD Lecture Hall. Our distinguished guests, faculty, and Staff came together to reinforce DUHS’s commitment to tobacco control and public health.





INTERFAITH HARMONY & SOCIAL DOMINO

Dow University of Health Sciences successfully organized a dialogue session on “Interfaith Harmony & Social Domino” on Saturday, 16 May 2026, at the ARAG Auditorium, Dow Medical College, DUHS.

The dialogue provided a meaningful platform to promote peace, mutual respect, inclusivity, and unity among diverse communities, reaffirming the belief that “Unity in diversity is the strength of every progressive society.”

Active participation from students during the interactive Q&A session reflected their strong commitment to fostering a peaceful, inclusive, and harmonious society.

“Be a voice for peace, harmony, and social unity.”





AWARENESS SESSION REGARDING THE RECRUITMENT AND SELECTION PROCESS FOR ARMED FORCES

Aligned with the vision of Honorable Vice Chancellor, Prof. Dr. Nazli Hossain to promote professional development, leadership, and career advancement opportunities for nursing students, an awareness session regarding the recruitment and selection process for Armed Forces Nursing Services was conducted on 12 May 2026 by the Pakistan Army for the students at Dow Institute of Nursing & Midwifery. The objective of the session was to motivate and encourage nursing students to explore career opportunities in the Pakistan Army and other related professional fields.

L t. Col. Muhammad Zaki delivered a comprehensive PowerPoint presentation highlighting various career fields, professional opportunities, recruitment criteria, and the selection process within the Pakistan Army, particularly for nursing students interested in joining the Armed Forces Nursing Services. The presentation provided valuable guidance regarding eligibility requirements, training pathways, career growth, and professional benefits available in the armed forces.

The session was highly interactive and engaging. Students actively participated by asking different questions regarding career opportunities, recruitment procedures, and selection criteria in the Pakistan Army.





FROM DOW TO THE MATCH | MEET THE MATCHED 2026

The Dow Mentorship Program (DMP), in collaboration with DOGANA YPC, successfully hosted Meet the Matched on 06 May 2026 at Muin Auditorium, Dow Medical College, DUHS. The session featured inspiring Dow alumni who began their journey as DMP mentees and are now successfully matched into U.S. residency programs across multiple specialties.

The speakers shared their personal journeys, from early uncertainties to defining moments that shaped their success. Their stories highlighted resilience, consistency, and the importance of mentorship in navigating the USMLE pathway.

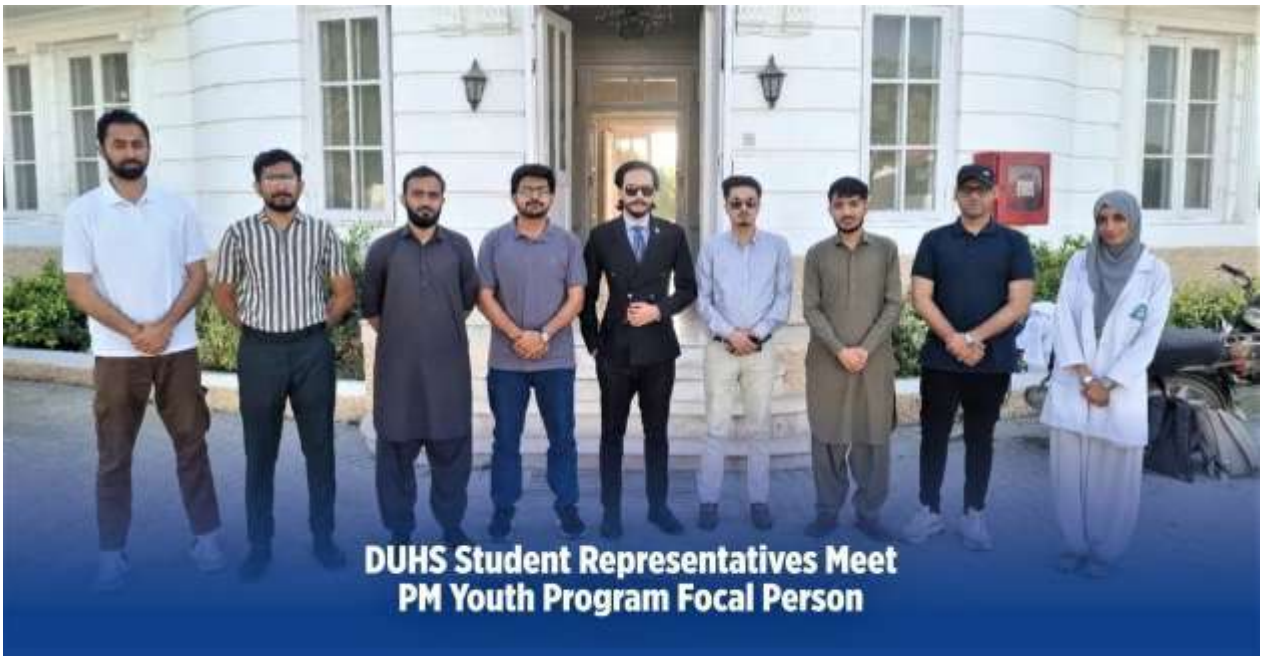




THE MEETING OF DUHS STUDENTS' REPRESENTATIVES WITH THE FOCAL PERSON OF PRIME MINISTER'S YOUTH DEVELOPMENT PROGRAM

The meeting of Dow representatives with the Focal Person of PMYDC was held at Punjab House, Karachi on 14th April 2026.

The meeting, organized by the Prime Minister's Youth Development Program (PMYDC), focused on outlining the core principles and expectations of the Youth Development Program under the chairmanship of the focal person (PMYDC), Mr. Abdul Moiz Khan. The two representatives from Dow in this meeting were Syed Behroze Ali (President, Youth Innovation Challenge (YIC)) and Lahin Nadeem (General Secretary, Youth Innovation Challenge (YIC)), both of them final-year students of Dow College of Pharmacy.



GOOD VIBES SHINE BRIGHT WITHOUT NICOTINE

The School of Public Health, Dow University of Health Sciences, successfully organized an awareness session titled “Good Vibes Shine Bright Without Nicotine” on 18 June 2026 at Dow International Medical College.

The speakers highlighted the harmful effects of tobacco and substance use, addressed common misconceptions, and encouraged participants to adopt healthier lifestyle choices.

The session also included an interactive quiz and discussion, engaging students and faculty members in meaningful conversations about tobacco addiction, prevention strategies, and the importance of building a healthier, nicotine-free future.





STRENGTHENING PATIENT EXPERIENCE THROUGH CONTINUOUS LEARNING

The Human Resources Directorate, Dow University of Health Sciences (DUHS) successfully conducted the training session “Elevating Hospital Experience: Training for Frontline Personnel” on 9th June 2026 at DUHS Ojha Campus.

This initiative was conceptualized, designed, and delivered entirely by the HR team following extensive brainstorming and consultation to identify key service challenges within the hospital environment. The program was carefully tailored to address the specific needs of frontline personnel and to enhance the overall patient experience through practical, relevant, and interactive learning.







3R (REDUCE, REUSE & RECYCLE) AND MINIMIZING PAPER & PLASTIC USE ON CAMPUS

Dow Medical College, DUHS hosted an impactful environmental awareness event on Tuesday, May 19, 2026, combining an educational session on waste management with a hands-on plantation drive and trash-sorting activity.

The day began with an engaging session on "Waste Management & Reduction" delivered by Ms. Nargis Latif, a pioneering environmentalist and the founder of Gul Bahao.

Following the seminar, the focus shifted to direct action with a campus plantation drive. The event concluded with a practical trash-sorting activity. Students learned the differences between recyclable materials and organic waste, putting their knowledge into practice by actively sorting garbage into the university's newly installed recycling bins.






DOW UNIVERSITY OF HEALTH SCIENCES
D.U.H.S