DOW UNIVERSITY
OF HEALTH SCIENCES

PROSPECTUS

ADMISSION IN

SESSION 2026-27



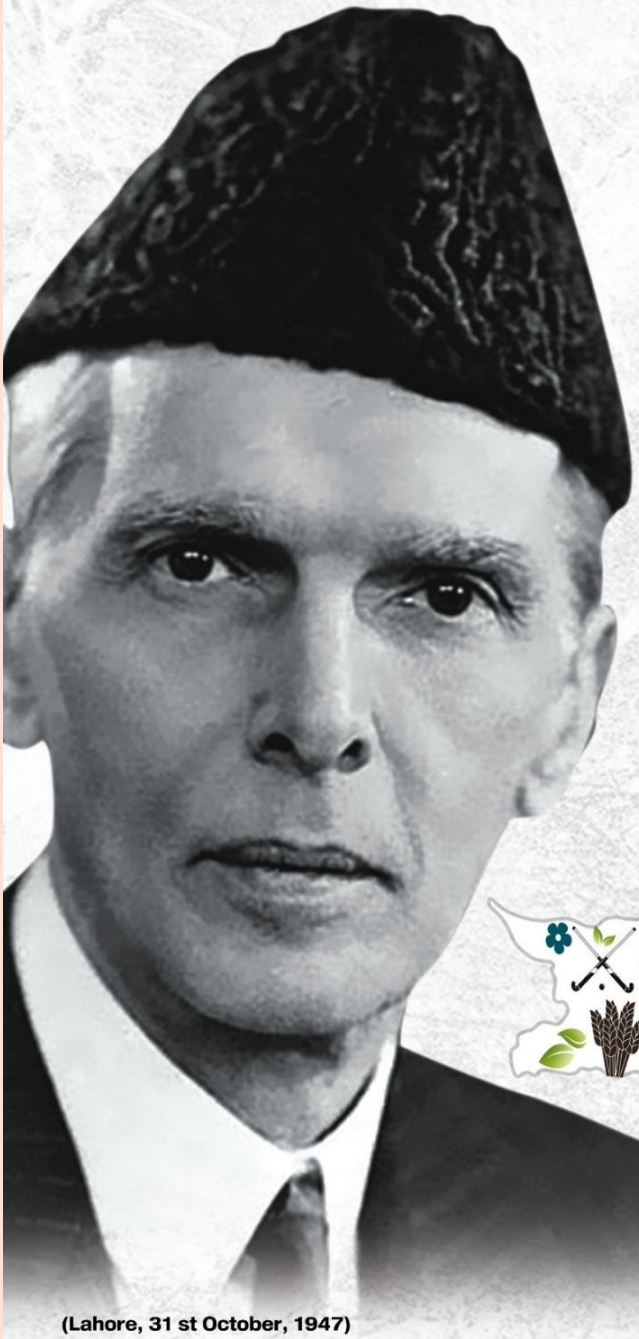
DOCTOR OF PHYSICAL THERAPY (DPT)

DOW INSTITUTE OF PHYSICAL MEDICINE & REHABILITATION (DIPM&R)

Email:
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QUAID'S
Message To Youth



"**Pakistan** is proud of her youth, particularly the students who have always been in the forefront in the hour of trial and need. You are the nation's leaders of tomorrow and you must fully equip yourself by discipline, education and training for the arduous task lying ahead of you. You should realize the magnitude of your responsibility and be ready to bear it" **(Jinnah, 1947).**



(Lahore, 31 st October, 1947)



VICE CHANCELLOR'S *Message*

It is a great honor for me, as the Vice Chancellor of Dow University of Health Sciences (DUHS), to welcome you to an institution that has been at the forefront of medical and health sciences education in Pakistan.

Since its establishment in 2004, DUHS has grown from three constituent colleges into a comprehensive university system comprising twenty constituent and forty-two affiliated institutions. Building upon the distinguished legacy of Dow Medical College, established in 1945, the University continues to uphold its commitment to academic excellence, professional integrity, research, innovation, and service to humanity.

The Allied Health Sciences programs at DUHS represent an essential component of modern healthcare. Through disciplines such as Pharmacy, Physical Therapy, Optometry, Medical Technology, Biotechnology, Nursing, Human Nutrition, Public Health, Radiology, Psychology, and other specialized fields, DUHS provides students with opportunities to develop the knowledge, technical expertise, and professional values required to meet the evolving needs of the healthcare sector. These programs prepare graduates to become competent, compassionate, and responsible healthcare professionals who can contribute meaningfully to patient care and community well-being.

At DUHS, we remain committed to creating an academic environment that encourages learning, discovery, collaboration, and innovation. Recognizing the growing importance of Artificial Intelligence (AI) in modern healthcare, the University is progressively integrating AI into its academic and educational framework, enabling students to become familiar with emerging technologies from the early stages of their academic journey. As healthcare continues to evolve through advances in science and technology, DUHS is dedicated to strengthening its educational and research infrastructure, expanding opportunities for interdisciplinary learning, and providing students with exposure to modern healthcare practices and state-of-the-art facilities.

I warmly welcome you to Dow University of Health Sciences, where a proud tradition of excellence meets a vision for the future, and where you will be inspired and empowered to make a meaningful difference in healthcare.

I wish you every success as you begin this important and rewarding journey.

PROF. DR. NAZLI HOSSAIN
VICE CHANCELLOR
Dow University of Health Sciences



DIRECTOR

Message

Welcome to the Dow Institute of Physical Medicine & Rehabilitation (DIPM&R), a leading center for rehabilitation education, clinical services, and research operating under the umbrella of Dow University of Health Sciences.

Rehabilitation is essential for restoring functional independence, enhancing quality of life, and supporting individuals affected by injury, disability, or chronic health conditions. At DIPM&R, we are committed to providing comprehensive, patient-centered rehabilitation through a multidisciplinary and evidence-based approach.

Our institute encompasses specialized departments including Physiotherapy, Physical Medicine & Rehabilitation, Prosthetics & Orthotics, Occupational Therapy, Audiology, Speech & Language Therapy, and Special Education. By fostering collaboration across these disciplines, we deliver tailored rehabilitation solutions that address the complex and diverse needs of our patients, while upholding the highest standards of clinical excellence and innovation.

In parallel with our clinical mission, DIPM&R is dedicated to advancing academic and research excellence in rehabilitation sciences. We offer a wide spectrum of educational programs, including the Doctor of Physical Therapy (DPT) at the undergraduate level, as well as advanced degrees such as the MSAPT (Master of Science in Advanced Physiotherapy) and PhD in Physical Therapy. These programs are designed to cultivate highly skilled clinicians, researchers, and educators who will contribute to the growth and evolution of the rehabilitation field.

With a team of experienced clinicians, educators, and researchers, our mission is to drive innovation in rehabilitation, promote interdisciplinary collaboration, and prepare future healthcare professionals to meet the ever-evolving needs of patients and society.

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Dr. Muhammad Sarfraz

Program Director (MSAPT & PhD)
Dow Institute of Physical Medicine & Rehabilitation,
DUHS



PROGRAM DIRECTOR

Message

I really feel proud to write this message as an ambassador of the physical therapy profession. By the grace of almighty ALLAH, the Dow Institute of Physical Medicine & Rehabilitation has fully functional facilities at the OJHA campus. We are committed to providing and setting a state-of-the-art Physical Therapy education. In the last decade, the field of physical therapy has made a significant and worthwhile contribution in restoring the quality of life to the people with different abilities.

We envision this institute to be a forefront leader in providing quality education in Physical Therapy under the umbrella of Dow University of Health Sciences, Karachi. We wish this institute to cater to the communities that it serves, by offering hope and timely delivery of services to the civilian population of Karachi, Pakistan.

Dr. Faisal Yamin (PT)

Head of Department (Physical Therapy)
Program Director (DPT)
Dow Institute of Physical Medicine & Rehabilitation,
DUHS

Institutional Vision & Mission

DUHS→ Vision & Mission

- Vision: "To be a pre-eminent academic institution committed to changing and saving lives."
- Mission: “Providing outstanding patient-centered education, training and clinical care informed by cutting edge research and innovation generating and disseminating new knowledge”

DIPM&R → Vision & Mission

- "Changing and saving lives" is reflected in the Institute's focus on improving health, functional independence, quality of life, and social participation — this is literally the "changing lives" part in a rehabilitation context (since PM&R often deals with disability, not mortality, "saving lives" here means saving quality of life and function).
- "Patient-centered clinical care" maps directly to the Institute providing accessible, evidence-based, multidisciplinary services across primary, secondary, and tertiary care settings.
- "Cutting-edge research and innovation" maps to the Institute promoting prevention, early intervention, and advancing rehabilitation practice.

DPT Program → Vision & Mission

- "Committed to changing and saving lives" → the program prepares socially responsible professionals and future leaders who address diverse rehabilitation needs — the "leaders" language directly echoes the "pre-eminent" ambition in the vision.
- "Training and clinical care informed by research" → the program is built on strong foundational knowledge, research skills, and evidence-based clinical practice.
- "Disseminating new knowledge" → tied to the research/critical-thinking components producing graduates who contribute to the field, not just practice in it.

STATEMENT OF PURPOSE (DPT PROGRAM)

To prepare competent, ethical, and socially responsible physical therapy professionals and future leaders through strong foundational knowledge, critical thinking, research skills, and high-quality evidence-based clinical practice. The program develops graduates capable of independent practice, addressing diverse rehabilitation and health needs, and contributing to functional independence, quality of life, and community well-being.

HISTORY

Dow Institute of Physical Medicine & Rehabilitation (DIPM&R) is the first civilian multidisciplinary rehabilitation service. It was established in 2007.

OVERVIEW OF DOW INSTITUTE OF PHYSICAL MEDICINE & REHABILITATION

The Dow University of Health Sciences (DUHS) stands as a pioneering institution dedicated to advancing integrated education in medical and allied health sciences. Upholding its legacy of academic excellence and innovation, DUHS established the Dow Institute of Physical Medicine & Rehabilitation (DIPM&R) to nurture the next generation of skilled physical therapy professionals.

The Doctor of Physical Therapy (DPT) program at DIPM&R is a comprehensive five-year professional degree designed in alignment with the Higher Education Commission (HEC) curriculum and standards. Each academic year, a cohort of 100 students is admitted to the program, offered at the Ojha Campus, Karachi.

DIPM&R provides a dynamic learning environment supported by highly qualified and experienced faculty, state-of-the-art laboratories, and modern classrooms equipped with advanced teaching aids. The institute emphasizes both academic excellence and clinical competence, integrating evidence-based practice with hands-on clinical training.



OBJECTIVES OF THE PROGRAM

1. To identify, understand and apply theoretical foundations of knowledge to the practice of physical therapy and clarify new evolving theory relevant to physical therapy.

2. To play role in reflective clinical practice through sound clinical decision making, able to correlate, evaluate and create self-assessment and commitment to lifelong learning.

3. Understand, apply and role-play as an expert clinician by practicing evidence-based physiotherapy, utilizing the process of critical thinking.

4. To build leaders to direct the management of physiotherapy education and policies that are consistent with the needs of the patient and society.

5. To apply professional and social skills to adapt to the changing health care environments to effectively provide physical therapy care.

6. To demonstrate application of research and scientific enquiry culture in physiotherapy profession.

CAREER PROSPECTS IN PHYSICAL THERAPY

Physiotherapy is a vital healthcare discipline focused on the prevention, diagnosis, and treatment of movement disorders, injuries and musculoskeletal dysfunctions. Physiotherapists play a pivotal role in restoring physical function, enhancing mobility, and improving the quality of life of patients across all age groups. They are integral members of multidisciplinary healthcare teams, contributing to rehabilitation, wellness promotion, and the management of chronic and acute conditions.

Graduates of the Doctor of Physical Therapy (DPT) program possess diverse career opportunities in both clinical and non-clinical settings, including:

- **Hospitals:** Delivering rehabilitation and acute care in orthopedic, neurological, cardiopulmonary, and ICU settings.
- **Private Clinics**: Providing individualized physiotherapy, pain management, and functional rehabilitation.
- **Corporate & Industrial Health:** Promoting ergonomics, workplace wellness, and injury prevention programs.
- **Rehabilitation Centers:** Assisting recovery from injuries, surgeries, and neurological conditions.
- **Sports & Fitness Centers:** Managing sports injuries and enhancing athletic performance.
- **Academia & Research:** Engaging in teaching, clinical instruction, and evidence-based research.
- Defense **Services:** Ensuring fitness and rehabilitation of military and defense personnel.

With a growing global demand for physical therapists, graduates of the DPT program from Dow Institute of Physical Medicine & Rehabilitation (DIPM&R) are well-equipped to pursue fulfilling careers that combine clinical expertise, patient care and research, contributing meaningfully to the evolving field of healthcare.

Program Learning Outcomes

By the completion of Doctor of Physical Therapy, the graduates will be able to:

- Demonstrate comprehensive understanding of basic and clinical health sciences as applied in the field of Physical Therapy.
- Apply the knowledge, skills and abilities acquired through the study of concepts, theories and applications as used in the field of Physical Therapy.
- Effectively communicate and collaborate with relevant stakeholders by upholding professional ethical standards.
- Apply critical thinking, problem-solving, and clinical reasoning skills to evaluate, diagnose, develop, and implement evidence-based treatment for autonomous physical therapy practice.

RECOGNITION BY GOVERNING BODIES

The DPT Curriculum is recognized by Higher Education Commission (HEC) Pakistan as an advisory board and approved by the University Statutory bodies

ELIGIBILITY CRITERIA

- HSSC Pre-Medical or equivalent examination (e.g. A-Level, 12th grade etc) duly certified by IBCC with minimum 60% marks
-
- Candidate's PRC & Domicile of Sindh Province

NO. OF SEATS

Dow Institute of Physical Medicine & Rehabilitation, (DIPM&R) offers the Doctor of Physical Therapy (5 Years program). We cater yearly to a batch of 100 students as per HEC policy at the OJHA Campus, Karachi, providing excellent academic facilities with senior and competent faculty with fully equipped labs, classrooms along with providing physical therapy and related services to the community.

100 seats for each batch of DPT out of which

• 50 seats for open merit

• 50 seats for Self-finance

FEE STRUCTURE – DPT – Session 2026-27

DOW INSTITUTE OF PHYSICAL MEDICINE AND REHABILIATION – DIPM&R

Fee Type	Merit	Self-Finance
Admission Fee – (at the time of admission)	PKR 55,000/-	PKR 66,000/-
Tuition Fee – (per annum)	PKR 200,000/-	PKR 330,000/-
Student Activity Charges – (per annum)	PKR 10,000/-	PKR 10,000/-
Library Fee Charges – (per annum)	PKR 10,000/-	PKR 10,000/-
Documents Verification Charges – (at the time of admission)	PKR 6,500/-	PKR 6,500/-
Without Transport	**PKR 281,500/-**	**PKR 422,500/-**
Transport Fee – (Optional**) – (**per annum**)**	PKR 50,000/-	PKR 50,000/-
With Transport	**PKR 331,500/-**	**PKR 472,500/-**

- Above amounts are excluding govt. taxes. Taxes apply as per Govt. & FBR rules.

– RULES FOR THE PAYMENT OF FEE –

The fee for each subsequent year of the respective category will have to be paid within one month of the commencement of 2nd, 3rd ,4th, Final Year.

If Payment is made after the due date, a late fee charge of 5% will be levied on the total fee.

Fee of all categories will be increased by 10% every year.

AFTER FOUR MONTHS OF NON-PAYMENT, THE SEAT IS LIABLE TO BE CANCELLED AND STUDENT WILL NOT BE ALLOWED TO APPEAR IN ANY EXAMINATION.

- Fee deposited is refundable as per the Refund policy guidelines of the DUHS.
- Taxes will be applied as per the FBR/SBR rules.
- Hostel and Transport fee will charge as per calendar year (i.e., Jan. to Dec.).
- Amounts stated in the fee vouchers are excluded of all Bank Charges.
- The Fee Structure may be revised by the university at any time during the course of the study, due to unavoidable circumstances.

All Professional Year & BS Program students are required to submit an **undertaking** affirming that they will not waste their allotted seat.
If a student withdraws from the program or fails to join after securing admission, a **SEAT WASTAGE PENALTY AS PER COMPLETE PROGRAM TUTION FEE** shall be imposed.

CURRICULUM

DPT Curriculum is recognized by Higher Education Commission (HEC) Pakistan.

Title of Degree program	Doctor of Physical Therapy (DPT)
Duration	Five years
Total credit hour	189

SCHEME OF STUDIES

SEMESTER I		
S.N.	**COURSE**	**CREDIT HOURS**
1	Anatomy – I	3 (2-1)
2	Physiology – I	3 (2-1)
3	Kinesiology – I	3 (2-1)
4	Functional English	3 (3-0)
5	Natural Sciences	3 (2-1)
6	Arts & Humanities	2 (2-0)
7	Understanding of Holy Quran – I /Introduction to Ethics-I	1 (0-1)
SEMESTER II		
S.N.	**COURSE**	**CREDIT HOURS**
1	Anatomy – II	3 (2-1)
2	Physiology – II	3 (2-1)
3	Kinesiology – II	3 (2-1)
4	Quantitative Reasoning – I	3 (3-0)
5	Expository Writing	3 (3-0)
6	Pakistan Studies	2 (2-0)
7	Understanding of Holy Quran – II/Introduction to Ethics-II	1 (0-1)
SEMESTER III		
S.N.	**COURSE**	**CREDIT HOURS**
1	Anatomy – III	3 (2-1)
2	Physiology – III	3 (2-1)
3	Medical Physics	3 (2-1)
4	Principles of Biochemistry	3 (3-0)
5	Applications of ICT	3 (2-1)
6	Quantitative Reasoning – II	3 (3-0)

SEMESTER IV		
S.N.	**COURSE**	**CREDIT HOURS**
1	Neuro Anatomy	3 (2-1)
2	Biomechanics & Ergonomics	3 (2-1)
3	Human Psychology	2 (2-0)
4	Ideology & Constitution of Pakistan	2 (2-0)
5	Civics & Community Engagement	2 (2-0)
6	Entrepreneurship	2 (2-0)
7	Islamic Studies /Ethics	2 (2-0)
8	Social Sciences	2 (2-0)
SEMESTER V		
S.N.	**COURSE**	**CREDIT HOURS**
1	Exercise Physiology	3 (2-1)
2	Pharmacology & Therapeutics – I	2 (2-0)
3	Physical Agents & Electrotherapy – I	3 (2-1)
4	Community Medicine & Rehabilitation	3 (2-1)
5	Pathology & Microbiology – I	2 (2-0)
6	Artificial Intelligence in Healthcare	2 (2-0)
7	Supervised Clinical Practice – I	3 (0-3)
SEMESTER VI		
S.N.	**COURSE**	**CREDIT HOURS**
1	Pharmacology & Therapeutics – II	2 (2-0)
2	Physical Agents & Electrotherapy – II	3 (2-1)
3	Therapeutic Exercises & Techniques	3 (2-1)
4	Sustainable Development Goals: Health & Wellbeing	3 (2-1)
5	Pathology & Microbiology – II	3 (2-1)
6	Molecular Biology & Genetics	2 (2-0)
7	Supervised Clinical Practice – II	3 (0-3)
SEMESTER VII		
S.N.	**COURSE**	**CREDIT HOURS**
1	Medicine – I	3 (3-0)
2	Surgery – I	3 (3-0)
3	Musculoskeletal Physical Therapy	3 (2-1)
4	Radiology & Diagnostic Imaging	3 (2-1)
5	Scientific Inquiry & Research Methods	3 (2-1)
6	Supervised Clinical Practice – III	4 (0-4)
SEMESTER VIII		
S.N.	**COURSE**	**CREDIT HOURS**
1	Neurological Physical Therapy	3 (2-1)
2	Medicine – II	3 (3-0)
3	Surgery – II	3 (3-0)
4	Sports Physical Therapy	2 (1-1)
5	Biostatistics	3 (2-1)
6	Professional Practice in Healthcare	2 (2-0)
7	Supervised Clinical Practice – IV	4 (0-4)

SEMESTER IX		
S.N.	**COURSE**	**CREDIT HOURS**
1	Cardiopulmonary Physical Therapy	3 (2-1)
2	Prosthetics & Orthotics	2 (2-0)
3	Clinical Decision Making & Differential Diagnosis	3 (3-0)
4	Emergency Procedures in Physical Therapy	2 (1-1)
5	Evidence Based Practice	3 (2-1)
6	Supervised Clinical Practice – V	4 (0-4)
7	Capstone / Research Project	3
SEMESTER X		
S.N.	**COURSE**	**CREDIT HOURS**
1	Manual Therapy	3 (2-1)
2	Integumentary Physical Therapy	2 (1-1)
3	Women's Health Physical Therapy	3 (2-1)
4	Pediatric & Neonatal Physical Therapy	3 (2-1)
5	Geriatric Physical Therapy	3 (2-1)
6	Supervised Clinical Practice – VI	4 (0-4)

ASSESSMENT METHODS

Student performance is evaluated through a combination of continuous and summative assessments to ensure comprehensive learning and skill development.

- Class test, Assignments.
- 1 Midterm exam.
- Practical / Labs/ OSCE
- 2 Terminal exam

3

4

A. STUDENT'S CONDUCT RULES:

(Applicable to Undergraduate and Postgraduate students of the University and its constituent or affiliated institutions)

These rules are applicable to all students who are admitted to the Dow University of Health Sciences, and include undergraduate and postgraduate medical and dental students, nurses and all those being trained in medical and allied health sciences.

1. No student or group of students shall form society/ association / organization with permission from Principal of College.

2. No outsider will be invited by the students to address any meeting at the University or its constituent college/ institute/ school, hospital etc. whether academic, social, religious or political (without prior written permission of the authorities). Decision of authorities will be final and taken on case-to-case basis.

3. Students are not allowed to paste any poster, pamphlet or fix banners on the wall. Graffiti on walls (wall chalking) of the premises of the University or its constituent college/ institute/ school, hospital etc be they, academic, social, religious or political, are also not allowed.

4. During teaching hours and/ or Clinical posting, students are prohibited to play or roam around in the premises.

5. No student or group of students shall arrange any programme, picnic, musical concert sports activities etc, on their own, without prior written permission from the authorities.

6. No student or group of students are allowed to collect money for any purpose whatsoever.

7. University/ College Identity Card, (ID) should be displayed, at all times, when the students are in the premises of the University or its constituent college / institute / School / Hospital etc. Faculty members and security staff are authorized to check I.D cards at any time.

8. If any student wants to publish his/her scientific or literary article, he/she must get the draft approved, by the authorities. They are also required to submit the copy of the final article / paper (to be published) for record purposes to the University.

9. Students will not be allowed to address the media or the national press on any subject.

10. Students are forbidden to address higher authorities directly. Any communication intended for higher authorities, needs to be routed through proper channel (Vice Chancellor/ Principal / Medical Superintendent/ Director)

11. Smoking, pan chewing, littering, spitting and other activities, prejudicial to the conduct are prohibited in the classroom, laboratories, seminar/ tutorial rooms, library during and after college hours and wards during clinical postings.

12. Timely completion unless specifically permitted, no student or group of students are allowed to enter administrative and department offices I telephone exchange, or teaching areas like laboratory, lecture hall of the institution or department and/ or use office equipment(s)
/ Machinery, like telephone, computer, printer, typewriter, overhead projector, slide projector or multimedia etc.

13. No student is allowed to bring a weapon and/or ammunition liable to cause injury, or any other harmful item, inside the premises.

14. No student or group of students will threaten, stop, harass, forcibly disallow or evict another bonafide student or group of students.

15. Misbehavior with faculty members and other staff members of the University and/ or its constituent college I institute / school, hospital etc, by a student or a group of students is completely prohibited. Such misdemeanors would attract penalties as severe as expulsion and rustication.

16. Willful damage to either public or personal property in the University and / or its constituent college / institute / school etc, by a student or a group of students, is completely prohibited. Such misdemeanors would be liable to penalties as severe as expulsion and rustication.

17. Use of loudspeakers/ amplifiers, and megaphones is prohibited in the premises of the University.

18. No student will be allowed to park his/ her car inside the premises of the college I University unless specifically allowed by the competent authority.

B) SUSPENSION:

A student shall be liable for suspension for up to six months if he/she commits any of the following act.

1. Misbehaves or quarrels with any teacher or member of the staff.
2. Is generally disobedient.
3. Spreads false rumors.
4. Uses unbecoming, indecent or filthy language.
5. Incites other students to violence.
6. Is inappropriately dressed.
7. Shouts, abuses, quarrels or fights with fellow students.
8. Raises slogans to hurt others, politically or religiously.
9. Interferes with the administration, including the mode or schedule of the examination. Indulges in acts of immorality.
10. Indulges in any kind of political activity including displaying posters or play cards within the College.
11. Remains absent continuously for more than 4 weeks without prior permission.

(C) RUSTICATION:

A student may be rusticated for a period of 3 years due to any of the following acts:

1. Taking forceful possession, making unauthorized use or damaging any property.
2. Involving himself in any agitational activity.
3. Found indulging in activities, prejudicial and detrimental to the good order of the College.
4. Adopting unfair means during examination.
5. Disobeying an order of suspension passed against him.
6. Any other act, which the principal or the disciplinary committee considers inappropriate.
7. Anybody who does not submit the prescribed undertaking about non-involvement in political activities.

NOTE:
Any student suspended or rusticated for the reasons mentioned above shall not be allowed to appear in the examinations.

(D) EXPULSION:

A student is liable to be expelled from the college if he/she commits any of the following act and this order shall be final and irrevocable. If he/she.

1. Is found in possession of firearms or lethal weapons or Narcotic drugs in the college premises, hostels, examination halls, teaching hospitals or any other area as specified by the university administration.

2. Remains absent for more than three months without permission of the Principal / Director, his/her admission shall be cancelled by the disciplinary committee of that college/ institute.

DRESS CODE

All students must wear white coats in the campuses of DIMC and Ojha campus (with a tag having name and class) and decent shoes/ Sandle but no slippers, in case of default they will not be allowed to enter, or a disciplinary action will be taken.

ATTENDANCE

Students who attend less than 75% of the class will not be allowed to appear in the mid-term and terminal examination as per DUHS policy.

FACILITIES / RESOURCES OF INSTITUTE

The institution boasts a purpose-built infrastructure designed to meet the academic, clinical, and research needs of the Department of Physiotherapy. The department features well-equipped lecture halls with modern audiovisual technology, specialized laboratories for anatomy, kinesiology, biomechanics, electrotherapy, and exercise therapy, along with an advanced skills lab. Students benefit from access to affiliated teaching hospitals for hands-on clinical training under expert supervision. In addition, the department offers a well-stocked library, digital learning resources, and dedicated research facilities that foster innovation, critical thinking, and professional excellence.

DEPARTMENT OF PHYSIOTHERAPY

The Department of Physiotherapy is equipped with state-of-the-art facilities and advanced therapeutic technologies to support excellence in teaching, learning, and clinical practice. The department features modern electrotherapy and exercise therapy laboratories, furnished with electronic and manual treatment tables, computerized traction units, ultrasound and stimulation devices, and a wide range of rehabilitation and assessment equipment.





REHABILITATION GYMNASIUM

Rehabilitation Gymnasium Equipped with state-of-the-art therapeutic machinery, the Rehabilitation Gymnasium is dedicated to improving physical conditioning and accelerating functional recovery. Its comprehensive range of modern equipment includes electronic treadmills and stationary bikes for cardiovascular training, alongside parallel bars and stair modules for gait and mobility work. Patients and students also utilize Thera Bands and exercise balls for strength and stability, electronic tilt tables for gradual weight-bearing, and Bobath beds tailored for neurological therapy. Altogether, the space offers hands-on clinical experience with cutting-edge rehabilitation methods.



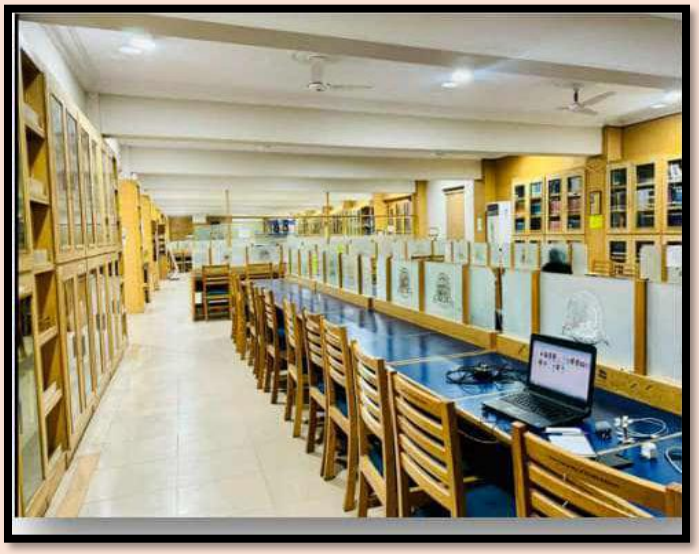
DIGITAL LIBRARY



The Digital Library provides students with access to extensive online academic resources and high-speed internet to support evidence-based learning and research. Through their institutional ID cards, students can easily access the facility for literature searches, journal databases, and online reference materials. The digital lab also serves as a practical learning space for courses such as Biostatistics, where students utilize statistical software (SPSS) for data analysis and research projects.

READING LIBRARY

The Reading Library provides access to the latest textbooks, reference materials, and research journals in a quiet, academic setting that promotes self-directed learning. Students can access and issue materials for in-campus study to support their academic growth.





TEACHING METHODS

A blend of interactive lectures, laboratory sessions, multimedia presentations, study guides, and recommended readings are utilized to enhance student learning and clinical competence.





LECTURE HALLS

Designed to foster an optimal learning atmosphere, these lecture halls feature ergonomic seating, clear acoustics, proper lighting, and modern ventilation. Every hall is equipped with advanced multimedia systems including digital projectors, smart boards, and high-quality audio to support interactive instruction. Beyond daily coursework, the spaces host academic seminars, professional workshops, conferences, and Continuing Medical Education (CME) events to drive both student learning and ongoing professional growth.



PHOTOSHOP/SOUVENIR SHOP

A well-equipped Photoshop and Souvenir Shop is available on campus, providing students with printing, designing, and stationery services, as well as institutional merchandise and memorabilia.



CANTEEN

A spacious central cafeteria is available at DIMC, Ojha Campus, offering a variety of hygienic and affordable local and international cuisine in a clean and comfortable environment.



FACULTY

The Department of Physiotherapy features a highly qualified team ranging from senior professors to clinical instructors dedicated to academic and clinical instruction. Holding advanced postgraduate degrees from leading global and national universities, the faculty maintains top-tier standards in education and clinical training.



Dr Muhammad Sarfraz
Associate. Professor
Director DIPMR
Program Director
Post Graduate Studies



Dr. Farhan Ishaque Khan
Associate. Professor



Dr. Faisal Yamin PT
Asst. Professor
HOD & Program Director DPT



Samreen Yasmeen PT
Asst. Professor



Dr. Atiq-Ur-Rehman PT
Asst. Professor



Dr Nazia Zeya PT
Senior Lecturer



Dr Saeed Sheikh PT
Senior Lecturer



Dr Afshan Khalid PT
Senior Lecturer



Dr Erum Naz PT
Senior Lecturer



Dr. Hafsa Paracha PT
Research Coordinator



Dr. Saba Aijaz Ali PT
Lecturer



Dr M. Salman Azeem PT
Lecturer



Dr. Areeba Shafiq
Lecturer



Dr Abdul Moiz
Lecturer



Ms. Sadaf Ramzan
Lecturer



Dr. Felicianus Anthony Pereira PT
Clinical Instructor



Dr. Muhammad Uzair Khan PT
Clinical Instructor



Dr Mustafa PT
Lecturer



Dr. Urooj Rafi PT
Lecturer



Dr. Sobia Meeran PT
Senior Physiotherapist



Dr. Yaseen Kaleem PT
Physiotherapist



Dr. Humaira (PT)
Physiotherapist



Dr. Laraib PT
Physiotherapist



Dr. Saif.Ur.Rehman PT
Physiotherapist



Dr. Syeda Ariba Shoaib PT
Physiotherapist



Dr. M. Mehran Haider PT
Physiotherapist



Dr. Syeda Areeba Asif PT
Physiotherapist



Dr. Ariba Sohail Ahmed
Physiotherapist



Dr. Areesha Anwar PT
Lab In charge



Ms. Sumreen Zahid
Special Educator

STUDENT SOCIETY

Dow University of Health Sciences. Established in 2018 and officially recognized by the Honorable Vice Chancellor, DUHS-LDS is committed to fostering intellectual growth through literature, public speaking, quizzing, and meaningful dialogue. Over the years, society has provided students with opportunities to think critically, communicate confidently, and express themselves beyond the classroom.

Since its inception, DUHS-LDS has successfully organized numerous literary and debating events at regional and national levels. Our members have consistently represented the university at prestigious competitions across the country, securing remarkable achievements and upholding society's legacy of excellence.





CO-CURRICULAR ACTIVITIES

The department actively promotes student engagement beyond academics through a variety of co-curricular and extracurricular events that encourage team work, creativity and leadership.

Activities include:

- Annual Sports Week
- DUHS Gala
- Welcome and Farewell Parties
- Picnics and Talent Shows
- Pakistan Independence Day Celebrations
- Debate Competitions
- Welfare Society Initiatives
- Self-Defense Workshops
- World Disability Day
- World Physiotherapy Day







Research Activities

The Doctor of Physical Therapy (DPT) program at the Dow Institute of Physical Medicine & Rehabilitation (DIPM&R), Dow University of Health Sciences (DUHS), integrates rigorous scholarly activities and evidence-based practice directly into its curriculum. Designed in accordance with Higher Education Commission (HEC) standards, the program mandates that students engage in structured research methodology, biostatistics, and supervised undergraduate research projects as a prerequisite for graduation. These initiatives are structured to cultivate critical thinking, clinical problem-solving, and data-driven evaluation, empowering future physical therapists to contribute meaningfully to modern rehabilitation sciences, community health outcomes, and advancements in clinical care.





(Sample of Affidavit should be on Rs. 100 stamp paper)

AFFIDAVIT

I, _____ S/o, D/o , am offered admission in Doctor of Physical Therapy (DPT) Program at Dow Institute of Physical Medicine and Rehabilitation, Dow University of Health Sciences Karachi, hereby undertake that:

1. All my documents statement and particulars are true to the best of my knowledge. In case these are found false/ incorrect, I will be liable to refusal of my admission in "Doctor of Physical Therapy Program" by the university and if admitted would be liable to expelled from institute at any time during the course undertake that I will not get admission in any other college / university of Pakistan during this 05 years period.
2. I also hereby undertake that I have been informed about the fee structure for course and duly accepted by me. I will submit the prescribed fee within due dates and will not ask for any concession/waiver/relief in fee till the completion of the program.
3. I also undertake that after my final selection/provisional admission on open merit/self-finance seat in DPT program, the category will not be changed and I shall complete the program of five years. However, if I leave the seat before completion of program, I shall be liable to pay the penalty fee as per university rules and regulations for wasting the precious seat, else I will not be entitled to issuance any certificate/ document from the institution.
4. I also undertake that I hold PRC & domicile of Sindh Province only. In case of my domicile is found fake, my admission will be cancelled with immediate effect.
5. I also undertake that I will abide by all the rules and regulations of the university. If I fail to observe the discipline of university at any time during the program, the disciplinary action could be taken by the university authorities.

In case of violation of any of the above said rules / regulations, the DUHS has the full right to cancel my admission and will have no legal bindings upon DUHS.

_____
Candidate Signature
Candidate Name_____
CNIC No.:_____

Witness 01:
Name:_____
Signature:_____
CNIC No.:_____

Witness 02:
Name:_____
Signature:_____
CNIC No.:_____