# TIME TABLE 1st WK

**THEME:** STRUCTURE AND FUNCTION OF BONES AND CARTILAGES

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Subject</th>
<th>Faculty</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 6/5</td>
<td>8.00-9.00</td>
<td>ANATOMY Topographic Anatomy of Upper Limb</td>
<td>PROF IMTIAZ WAGGAN NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>ANATOMY DEMO Osteology of clavicle</td>
<td>DR. NIDA ASHRAF NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10.00-11.30</td>
<td>BIOCHEMISTRY Extracellular matrix related to Proteoglycans</td>
<td>PROF FAUZIA IMTIAZ NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>ANATOMY DEMO Osteology of Scapula</td>
<td>Dr. SABAHAH NL-1</td>
<td></td>
</tr>
<tr>
<td>Tues 7/5</td>
<td>8.00-9.00</td>
<td>HISTOLOGY Classification &amp; histology of cartilages</td>
<td>DR NASAR NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>SELF STUDY</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>10.00-11.30</td>
<td>ANATOMY DEMO Osteology of Humerus</td>
<td>Dr. SABAHAH NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>BIOCHEMISTRY Extracellular matrix related to Collagen</td>
<td>PROF DANISH NLH-1</td>
<td></td>
</tr>
<tr>
<td>Wed 8/5</td>
<td>8.00-9.00</td>
<td>ANATOMY DEMO Muscles of pectoral girdle</td>
<td>Dr. MOHN NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>HISTOLOGY Classification &amp; Histology of bones</td>
<td>Dr. SADIA NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>SELF STUDY</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>10.00-11.30</td>
<td>EMBRYOLOGY Development of mesoderm, Paraxial Mesoderm and ScleroMyotome and formation of cartilages</td>
<td>PROF SAMREEN NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>SELF STUDY</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thurs 9/5</td>
<td>8.00-9.00</td>
<td>BIOCHEMISTRY Chemistry of cartilages</td>
<td>PROF DANISH NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>HISTOLOGY Histology Of Muscles</td>
<td>DR. SARWAT JABEEN NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>ANATOMY Structure of Typical Spinal Nerve</td>
<td>DR. AISHA A HAQ NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10.00-11.30</td>
<td>BEHAVIORAL SCIENCES Introduction to Medical Ethics</td>
<td>Dr. KHEENPAL DAS NLH-1</td>
<td></td>
</tr>
<tr>
<td>Fri 10/5</td>
<td>8:00 – 9:00</td>
<td>ANATOMY Muscles of shoulder region with nerve supply and actions</td>
<td>DR. SARA NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>9:00 – 10:00</td>
<td>BIOCHEMISTRY Biochemical Structure of Bone</td>
<td>DR BILAL NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>SELF STUDY 10.00-10.30</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:30 – 12:00PM</td>
<td>Rotator cuff and vessels form anastomosis around scapula</td>
<td>DR FARAZ NLH-1</td>
<td></td>
</tr>
<tr>
<td>Sat 11/5</td>
<td>8:00-9.00</td>
<td>PHYSIOLOGY Generation and Propagation of Action Potential</td>
<td>DR KHALID NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>9.00-10.00</td>
<td>COMMUNITY MEDICINE Health Transition</td>
<td>PROF NIGHAT NISAR NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10.00-11.30</td>
<td>ANATOMY Shoulder joint &amp; its movements</td>
<td>Dr. KAMRAN NLH-1</td>
<td></td>
</tr>
<tr>
<td></td>
<td>11:30-1.00</td>
<td>SELF STUDY</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**NOTE:**

THE RAMAZAN TIMINGS ARE SUBJECT TO SIGHTING THE MOON OTHERWISE THE SCHEDULE WILL BE FOLLOW AS ROUTINE ON 6TH MAY 2019.