Endocrinology CBL 4: Addison’s Disease

LEARNING OBJECTIVE:

• Understanding pathophysiology of Addison’s disease
• Able to diagnose hormonal problems on basis of clinical features
• Able to identify anatomical structures involved

CASE SCENARIO:

A 70 years old gentleman presents in OPD with history of dizziness happening since last 3 months.
O/E he is wasted, has buccal mucosal and palmer crease pigmentation and vitiligo.

Vitals

- H.R 90 bpm, R.R 18, temp Afebrile
- B.P: supine 130/80, standing 110/70

INVESTIGATIONS

- Hb 12 g/dl
- WBC 12,000
- Platelets 300,000
- Na 130
- K 5.6
- Cl 101
- HCO3 24
- RBS 90
- BUN 20
- ESR 40