

## **Endocrinology CBL 4: Addison's Disease**

### **LEARNING OBJECTIVE:**

- Understanding pathophysiology of Addison's disease
- Able to diagnose hormonal problems on basis of clinical features
- Able to identify anatomical structures involved

### **CASE SENARIO:**

A 70 years old gentle man presents in OPD with history of dizziness happening since last 3 months.

O/E he is wasted, has buccal mucosal and palmer crease pigmentations and vitiligo.

### **Vitals**

- H.R 90 bpm, R.R 18, temp Afebrile
- B.P: supine 130/80, standing 110/70

- Na 130
- K 5.6
- Cl 101
- HCO<sub>3</sub> 24
- RBS 90
- BUN 20
- ESR 40

### **INVESTIGATIONS**

- Hb 12 g/dl
- WBC 12,000
- Platelets 300,000

